

15	winger	k.	fast players positioned on the left and right side of the pitch
16	penalty spot	c.	small white spot on the grass where penalty kicks are taken

Unit 5 Onsight

REWIND

Rock climbing as a sport began in the late 1800s in three separate places: Great Britain, Italy, and Germany. Over the 20th century, equipment and climbers' skill progressed greatly, and the sport became popular all over the world. The 21st century saw some incredible feats, such as Alex Honnold's free solo of Yosemite's El Capitan in the USA. Sport climbing was going to make its debut at the 2020 Tokyo Olympics.

QUIZ: Take a guess!

1.a 2.c 3.c 4.e

VOCABULARY

1	hold	h.	something to grab with your hand(s) to pull yourself up when climbing
2	grip	j.	grab and hold tightly in your hand(s)
3	bouldering	f.	climb short, very steep routes without a rope
4	lead	i.	climb first, before one's climbing partner
5	belay	k.	secure another climber using a rope so they don't fall down
6	device	b.	specialized tool or piece of equipment invented for a specific purpose
7	rope	d.	strong, thick cord or line
8	carabiner	a.	D-shaped ring with an opening gate used for fastening ropes
9	clip	l.	secure the rope by placing it through the gate of a carabiner
10	onsight	e.	climb a route for the first time without any knowledge of it
11	redpoint	m.	successfully climb a route after failing to climb it before
12	pumped	g.	muscle tightness and weakness caused by hard effort
13	route	c.	specific path from the bottom to the top of a climb that must be followed

Unit 6 Slam Dunk

REWIND

The sport of basketball was invented in the winter of 1891 in the United States. A Canadian college instructor, Dr. James Naismith, wanted an indoor sport to keep students fit and warm in the winter. Teams threw a soccer ball into a basket on a wall. In 1906, the baskets were replaced by metal hoops and backboards. Men's basketball debuted as a medal sport at the 1936 Olympics in Germany. Women's basketball debuted as a medal sport at the 1976 Olympics in Canada.

QUIZ: Take a guess!

1.a 2.b 3.c 4.a

VOCABULARY