

1	assist	d.	pass that directly helps a player score a basket
2	substitute	e.	player who comes into the game to replace a player on the court
3	lay-up	f.	shot taken close to the basket that usually comes off the backboard and goes into the basket
4	rebound	k.	get the ball after a missed shot
5	three-point shot	g.	shot taken outside the three-point arc worth three points
6	block	l.	stop the movement of an opponent or stop a pass or shot
7	dribble	j.	bounce the ball with one hand while running or walking
8	jump shot	m.	shot taken while a player is jumping
9	(slam) dunk	c.	high jump shot in which the ball is thrust down through the hoop
10	time-out	n.	when the game clock is stopped for a short meeting with players
11	free throw	a.	penalty shot, worth one point, taken from the free throw line
12	alley-oop	h.	when a player jumps and catches a pass from another player and dunks or shoots the ball before landing
13	basket	i.	shot that goes through the hoop to score
14	airball	b.	shot at the basket that misses everything, not touching the rim, backboard or net

Unit 7 Ippon

◀◀ REWIND

Judo was founded in Japan in 1882 by Dr. Jigoro Kano. When young, Kano was small and weak. He was often bullied so he began studying ju-jitsu at the age of 17. He developed his own techniques and philosophy into judo. Judo was first included as an Olympic Sport for men at the 1964 Olympic Games in Tokyo. At the 1992 Olympics in Spain, women's judo debuted as an Olympic Sport. Judo was added as a Paralympic event in South Korea in 1988.

QUIZ: Take a guess!

1.c 2.b 3.c 4.a,b,c

VOCABULARY

1	kumi kata	l.	basic judo grips
2	shizentai	b.	basic posture in judo - the natural standing posture
3	waza	a.	techniques
4	katame waza	f.	ground restraint holds, grappling techniques
5	obi	g.	judo belt
6	ukemi	d.	falling techniques to avoid injury
7	randori	e.	free sparring practice
8	judoka	j.	person who studies judo
9	nage waza	m.	throwing techniques
10	dojo	k.	school for training
11	tatami	i.	mat made of rice straw used as flooring
12	judogi	h.	judo practice uniform which consists of pants, jacket and belt
13	suri ashi	n.	way of walking to maintain balance, feet slide over the floor
14	atemi waza	c.	body striking techniques